

V'ahavta - ואהבתה

וְאֶהְבֶּתָ אֶת יי אֱלֹהֶיךָ בְּכָל־לִבְבְּךָ וּבְכָל־נַפְשְׁךָ וּבְכָל־מְאֹדְךָ. וְהָיוּ הַדְּבָרִים הָאֵלֶּה אֲשֶׁר אֲנֹכִי מְצַוְךָ הַיּוֹם עַל־לִבְבְּךָ. וְשָׁנַנְתָּם לְבִנְיָךָ וְדִבַּרְתָּ בָּם בְּשַׁבְתְּךָ בְּבֵיתְךָ וּבְלִקְחֶתְךָ בְּדֶרֶךְ וּבְשֹׁכְבְּךָ וּבְקוּמְךָ. וְקִשְׂרָתָם לְאוֹת עַל־יָדְךָ וְהָיוּ לְטֹטְפֹת בֵּין עֵינֶיךָ. וְכִתְבָתָּם עַל־מְזוֹזֹת בֵּיתְךָ וּבְשַׁעְרֶיךָ.

לְמַעַן תִּזְכְּרוּ וַעֲשִׂיתֶם אֶת־כָּל־מִצְוֹתַי וְהֵייתֶם קְדוֹשִׁים לְאֱלֹהֵיכֶם. אֲנִי יי אֱלֹהֵיכֶם אֲשֶׁר הוֹצֵאתִי אֶתְכֶם מֵאֶרֶץ מִצְרַיִם לִהְיוֹת לְכֶם לְאֱלֹהִים אֲנִי יי אֱלֹהֵיכֶם.

V'a-hav-ta eit Adonai Eh-lo-heh-cha b'chol l'vav-cha u-v'chol nafsh'cha u-v'chol m'o-deh-cha. V'ha-yu ha-d'va-rim ha-ei-leh, a-she-r a-no-chi m'tza-v'cha ha-yom, al l'va-veh-cha. V'shi-nan-tam l'va-neh-cha v'di-bar-ta bam b'shiv-t'cha b'vei-teh-cha u-v'lecht'cha va-deh-rech, u-v'shoch'b'cha u-v'ku-meh-cha. U-k'shar-tam l'ot al ya-deh-cha, v'ha-yu l'to-ta-fot bein ei-neh-cha, u-ch'tav-tam al m'zu-zot bei-teh-cha u-vi-sh'a-reh-cha.

L'ma-an tiz-k'ru va-a-si-tem et kol mitzvotai, vi-h'yi-tem k'do-shim lei-lo-hei-chem. Ani Adonai Eh-lo-hei-chem, a-she-r ho-tzei-ti et-chem mei-eh-retz Mitz-ra-yim li-h'yot la-chem lei-lo-him. Ani Adonai Eh-lo-hei-chem.

You shall love the Eternal your God, with all your heart, with all your soul, and with all your being. And these words which I command you on this day, shall be upon your heart. And you shall teach them to your children, and speak of them sitting in your house, walking along the way, upon lying down and upon rising.

And you shall bind them as a sign upon your hand and they shall be for frontlets between your eyes. And you shall write them on the doorposts of your house and on your gates.

Then you will remember and observe all My mitzvot and be sanctified to your God. I am the Eternal your God who bore you up from the land of Egypt to be your God. I am the Eternal your God. (*Deuteronomy 6:5-9, Numbers 15:40-41*)